

Name:\_\_\_\_\_ Date:\_\_\_\_\_ Class Hr:\_\_\_\_\_ Score:\_\_\_\_\_

## Paraphrasing Practice Worksheet

### Part A: What is Paraphrasing?

Definition: is the process of **restating information from a source using your own words while maintaining the original meaning**. It involves changing the wording and structure of the text, often to clarify or simplify the content, without directly quoting the source.

Paraphrasing is an important skill in writing, as it allows you to reference ideas without plagiarism and to express concepts in a way that suits your style.

Why it matters: Helps avoid plagiarism, shows understanding, improves writing skills.

### Part B: Tips for Paraphrasing

- Use synonyms where possible.
- Change the sentence structure.
- Break long sentences into shorter ones (or combine shorter ones).
- Keep the meaning the same.
- Always give credit to the original source.

### Part C: Examples

Original: “The sun provides the energy necessary for plants to grow.”

Paraphrase: “Plants need energy from the sun in order to grow.”

### Part D: Practice Exercises

Instructions: Read each sentence and rewrite it in two different ways using your own words.

1. Many animals migrate long distances to find food and better living conditions.

- a. \_\_\_\_\_  
\_\_\_\_\_
- b. \_\_\_\_\_  
\_\_\_\_\_

2. Regular exercise can improve mental health and reduce stress.

- a. \_\_\_\_\_  
\_\_\_\_\_
- b. \_\_\_\_\_  
\_\_\_\_\_

3. Water pollution is a growing problem that affects both humans and wildlife.

a. \_\_\_\_\_  
\_\_\_\_\_

b. \_\_\_\_\_  
\_\_\_\_\_

4. Technology has changed the way people communicate with each other.

a. \_\_\_\_\_  
\_\_\_\_\_

b. \_\_\_\_\_  
\_\_\_\_\_

5. Recycling helps reduce waste and protect the environment.

a. \_\_\_\_\_  
\_\_\_\_\_

b. \_\_\_\_\_  
\_\_\_\_\_

## Part E: Short Paragraph Practice

Original paragraph:

“Reading every day strengthens the brain, improves concentration, and builds knowledge. People who read often usually perform better in school and have larger vocabulary.”

Task: Paraphrase this paragraph in your own words.

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